

## January 2023

Important Dates & Info.

World Leprosy Day –  
1/29/2023

World Leprosy Week –  
1/28/2023 – 2/4/2023

Martin Luther King Day – 1-  
16-2023

Cervical Health Awareness  
Month – 1/2023

Glaucoma Awareness Month –  
1/2023.

National Birth Defects  
Prevention Month - 1/2023

Thyroid Awareness Month -  
1/2023

January is National Blood  
Donor Month!

Winter is here! Spring where  
are you?

### New Year Trivia Challenge:

Be the first to answer and win  
\$10 dollars.

In what year did the New  
Year's Ball first drop in Times  
Square?

Please do not use the internet!  
First to come, is first served with right  
answer!  
There can only be one winner!

# Trumbull County Combined Health District Newsletter

Vol. 2, Issue 1., (January 2023).



### Covid-19 Vaccine Clinics

The TCCHD has been and continues to work diligently against the Covid-19 virus and Pandemic within Trumbull County. Throughout the month of January, the TCCHD will hold Covid-19 vaccination clinics throughout all of Trumbull County. Please contact the Nursing division of the TCCHD at 330-675-2489 for details about those clinics. All vaccinations (Pfizer, Moderna, and Johnson & Johnson, etc.) are generally available. Covid-19 booster shots are also available!

### Covid-19 Testing

Currently the TCCHD has a number of over the counter and home Covid-19 test kits. Anyone interested in receiving at home/over the counter test kits should reach out to the nursing division of the TCCHD at 330-675-2489. Meanwhile, if possible continue to mask, maintain safe distance from others, wash your hands, and get vaccinated. These measures will help protect you from COVID-19.

### Covid-19 Data

#### As of December 5<sup>th</sup>, 2022:

- The TCCHD has administered approximately **43,380** doses of the Covid-19 Vaccine.
- **20,926** are first doses,
- **17,847** are second doses,
- **3,424** are monovalent first booster doses, **532** are monovalent second booster doses, and **651** are bivalent boosters (original and Omicron),
- **191** doses of the COVID vaccine have been administered since the last board meeting,
- The TCCHD uses *the CDC Covid-19 Community Levels tool* to recommend what prevention steps to take. Levels can be **Low**, **Medium**, or **High**.
- Currently, Trumbull County, Ohio is **High**.
- **Prevention steps include:**  
Staying up-to-date with Covid-19 vaccines, getting tested if you have symptoms, and if you are at a high risk for severe illness, talk to your healthcare provider about whether or not to wear a mask and take other precautions, and wear a mask indoors in public.
- As of **1/03/2023**, Trumbull County has a case rate of **162.6** per 100,000, and a positivity rate of **10.2%**.

# Contact Us

## Address:

176 Chestnut Ave. NE  
Warren, OH. 44483

## Phone:

330-675-2489

## Fax:

330-675-2494

## Email:

[health@co.trumbull.oh.us](mailto:health@co.trumbull.oh.us)

## Website:

[www.tcchd.org](http://www.tcchd.org)

## Wellness Hub:

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## Facebook:

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## Instagram:

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### TCCHD History

**January 31, 1942 – BOH hired (1st recorded)  
“Sanitary Engineer”.**

**January 31, 1947 - The ban on all school activities,  
dance halls and skating rinks due to the scarlet  
fever prosodemic was lifted.**

### Another Important Message Regarding Covid-19 and Trumbull County

Trumbull County continues to be graded **high** on the CDC Community Level Tool. This is due in-part to the number of hospitalizations related to Covid-19, and how many new cases of Covid-19 the county has had in the last week.

Please remember that a main line of defense against spreading Covid-19 is testing. The TCCHD (as stated above) has tests available for the general public. Please remember that if you are sick with Covid-19 symptoms, and (or) test positive for Covid-19, you should stay home and isolate yourself for five days from the time of symptom manifestation.

### TCCHD Industry News

#### Keeping Trumbull County Safe and Healthy one step at a time!

1. The Environmental division for November of 2022:
  - i. Performed **193** Food Service Operations Inspections,
  - ii. **71** Real Estate Evaluations,
  - iii. **186** Residential Sewage inspections,
  - iv. And **359** O&M Samplings.
2. The Nursing division for November of 2022:
  - i. Held **1** children immunization clinic and saw **7** clients,
  - ii. Held **1** adult immunization clinic and saw **0** clients,
  - iii. Had **53** families enrolled in their home visiting program and provided **35** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla for more details.

### Upcoming Events in Trumbull County

- Bingo Night at Extending Grace – 1/13/23, 6 pm – 8 pm., 18 W. Liberty St., Hubbard, Ohio 44425., 330-568-4590 (Susan).
- 24K Magic - #1 Tribute to Bruno Mars – 1/14/23, Show at 8 pm, doors open at 7 pm, Robins Theatre, 160 E. Market St. Warren OH. 44481.

### Quality Improvement QI Contender and Annual Champion New to 2023.

Recently, the TCCHD finished its new Quality Improvement Plan, and within that document, we have created the QI Contender and Champion program for the TCCHD. Please refer to the plan for details, and stay tuned to your emails for more upcoming information about QI changes coming for 2023, including the new QI calendar.

### Would you like to see something else added to the newsletter?

Let me know! Email me at [hebonack@co.trumbull.oh.us](mailto:hebonack@co.trumbull.oh.us)



**Public Health**  
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### Live Well Trumbull Hub



### Customer Satisfaction Survey QR



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### TCCHD Shout Outs Are Back!

Not so much a shout out this time, and more so a welcome back and welcome. First off, let's give a warm TCCHD welcome to **Patrice Gillems**, our newest Family Support Specialist. And second let's give a big welcome back to **Jennifer Hudson**, who is returning to reprise her role as a Family Support Specialist!

#### Why are blood donations so important!

- On average, every 2 seconds, someone in U.S. alone needs blood,
- Blood is essential to help patients survive surgeries, cancer treatment, chronic illnesses, and traumatic injuries,
- Maintaining diversity in the blood supply is essential. Some blood types are quite rare and are likeliest to be found among people with shared ancestral origins.
- Whole blood donations provide red and white blood cells, platelets and plasma, all vital for patients for various reasons

Source: <https://www.redcrossblood.org/local-homepage/news/article/blood-donation-importance.html#:~:text=Every%20two%20seconds%2C%20someone%20in,need%20for%20blood%20is%20constant.>

### "Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County" ....

#### Visit the Trumbull County Wellness Hub at:

<https://livewelltrumbull.com/>

- ✚ **Create a Free account,**
- ✚ **Register for and take Challenges,**
- ✚ **Access our Calendar of Events,**
- ✚ **Hear from experts,**
- ✚ **Access great resources from a number of partners.**

*Don't Wait...Explore the site today!*

### Ever visited the Trumbull County Combined Health District?

*Let us know how we did with our survey below!*

#### Customer Satisfaction Survey:

<https://www.surveymonkey.com/r/TKBSNMT>

### TCCHD monitoring the mpox virus in Trumbull County

The TCCHD is aware of the public's growing concern about the spread of the mpox virus. The current risk of mpox in Ohio is low, and The TCCHD is continuously monitoring the situation, and the public is invited to check our website for the latest information as it becomes available: [www.tcchd.org](http://www.tcchd.org). If you have any questions regarding mpox please call our main line at 330-675-2489.

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**Public Health**  
Prevent. Promote. Protect.

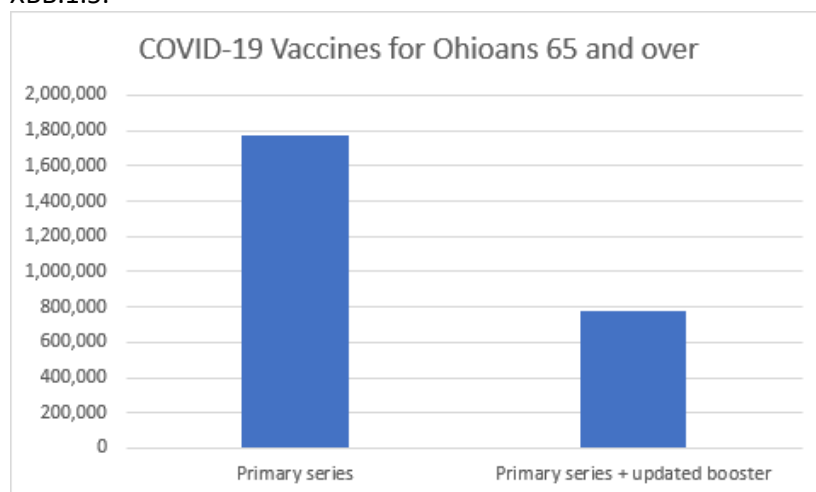
**Trumbull County**



### Health, Aging directors urge more Ohioans to get updated COVID-19 booster

COLUMBUS -- Ohio Department of Health (ODH) Director Bruce Vanderhoff, MD, MBA, and Ohio Department of Aging Director Ursel J. McElroy are urging Ohioans to give themselves maximum protection from the virus by staying up to date with vaccinations, including the updated booster.

Dr. Vanderhoff noted that although case counts, hospitalizations, and deaths from COVID have thankfully not reached levels seen over the past two winters, the fact remains that about 2,500 Americans and 90 Ohioans are dying each week. Also, much of the nation is now seeing a rise in a new, highly contagious variant known as XBB.1.5.



In particular, he warned that those who are 65 and older – as well as those who are immunocompromised or have certain chronic conditions -- are at greater risk for serious illness or death if they have not received the updated booster, which targets the more recent Omicron subvariants.

Data shows that almost four out of five (79% percent) Ohioans who have died of COVID have been 65 and older. While 86.9% of that population is fully vaccinated (1.77 million people), unfortunately only 38% have the maximum protection of an updated booster (776,000).

That means more than 1.2 million older Ohioans are unvaccinated or not up to date with the booster that was made available in September.

“Based on the numbers, we have not given ourselves every advantage that we could,” Dr. Vanderhoff said. “Many of these deaths are, sadly, preventable.”

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ODH recently debuted a public-service announcement aimed at promoting boosters. The ad is appearing on television, radio, social media and on billboards. It can be viewed on the department's [YouTube channel](#).

Dr. Vanderhoff noted that while the vaccines deliver strong cellular immunity crucial to fighting off COVID-19, even that immunity can wane over time, especially as we age. The updated COVID-19 vaccine can provide a much-needed boost to that immunity.

“At the start of each new year, many of us resolve to take steps to improve our health, so I hope that more Ohioans will consider getting vaccinated or boosted,” Dr. Vanderhoff said. “That clearly is the safest, most reliable way you can reduce your risk of serious illness, hospitalization or even death as a result of the COVID-19 virus.”

Ohioans can search for locations offering the COVID-19 vaccine at [gettheshot.coronavirus.ohio.gov](http://gettheshot.coronavirus.ohio.gov).

Older Ohioans or their caregivers seeking more information about vaccination can call 1-866-243-5678 to connect to the local [Area Agency on Aging](#) serving their community.

“We know that the number of cases in our communities can accelerate very quickly, especially during the winter months when people are mostly gathering indoors,” Director McElroy said. “All of the data that we have today shows that the people most severely affected by COVID-19 continue to be older Ohioans. The data also shows that being fully vaccinated with the updated booster reduces your risk for a serious outcome.

“The Ohio Department of Aging, in partnership with local agencies, has worked hard throughout the pandemic to eliminate barriers to vaccine access for older Ohioans, whether they are living in the community or a long-term care facility,” Director McElroy added. “Should you or a loved one need information about the vaccine or how to access to it, we are here to help.”

### **About the Ohio Department of Health**

*The Ohio Department of Health's mission is advancing the health and well-being of all Ohioans by transforming the state's public health system through unique partnerships and funding streams; addressing the community conditions and inequities that lead to disparities in health outcomes; and implementing data-driven, evidence-based solutions.*

### **About the Ohio Department of Aging**

*The Ohio Department of Aging serves and advocates for the needs of Ohioans age 60 and older, as well as their families, caregivers and communities. Programs include home and community based long-term supports and services, as well as initiatives to promote health and wellness throughout the lifespan. Visit [www.aging.ohio.gov](http://www.aging.ohio.gov).*



